

Thursday, October 10 | Zappeion Megaron
3rd Wellbeingr Forum 2024



Empowering Mental Health and Wellbeing
at Work for Sustainable Companies and
Thriving Societies

“It's time to Prioritize Mental Health in the Workplace”

World Federation for Mental Health, 2024



All together for a society that prioritizes the wellbeing and mental health of its people.



Wellbeing and mental health policies

Tools and resources

Wellbeing strategies

Inclusiveness



Best practices

Workplace challenges

Stress management techniques

Research

Global trends

Burnout

Μια ευκαιρία για...

Enhancing corporate reputation



Best Practices



Presentation of best practices

Business networking



Corporate Promotion

Social contribution

Information & exchange of views



Responsible Leadership Behavior

Facts & Figures 2022 & 2023 Fora

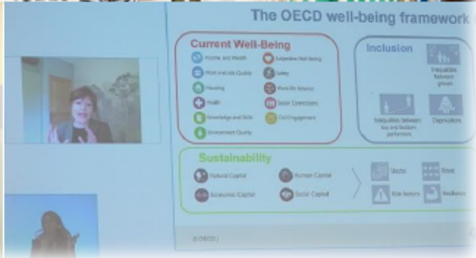
● 25 speakers from abroad ●

● 36 speakers from Greece ●

● 389 conference participants in person ●

● 512 virtual conference participants ●

● 24 sponsors and media sponsors ●





wellbeingr
the source of life

**Together, we are building the society we
envision for ourselves and our children !**

For more information:

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