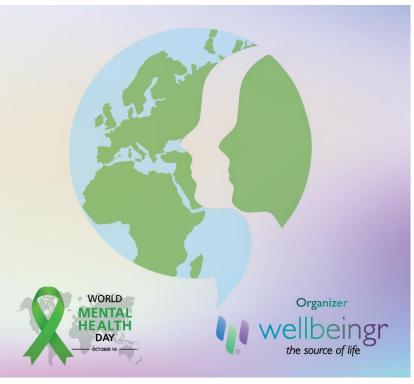
Tuesday, October 10 | Zappeion Megaron 2nd Wellbeingr Forum Empowering People Embracing Earth

Mental Health at the Center of the Ecosystem that Ensures Planet Sustainability



Speakers' Thoughts & Quotes



What produces a happy society and a happy life?

"The only goal of public policy should be the wellbeing of the people and especially the reduction of misery. We now have the science to take this ancient goal and make it functional"

Professor Lord Richard Layard

Founder-Director, Centre for Economic Performance

Co-Director, Community Wellbeing Programme, London School of Economics & Political Science (LSE)

Co-Editor, World Happiness Report

Pavlos Sakkas, M.D. Emeritus Professor of Psychiatry Medical School, National and Kapodistrian University of Athens

"In a rapid changing world, looking the future with a reassuring view leads to a more pleasant present. Wellbeing must first of all relax the anxious modern human being"

"WOHASU began with an event, The World Happiness Summit, which evolved into a community and now a global movement for sustainable happiness and positive change. Our mission is to elevate wellbeing in all areas of life and cultivate a community of likeminded people who are committed to creating win-win scenarios promoting human sustainability and responsible progress"

Karen Guggenheim

Co-founder World Happiness Summit



"An employer value proposition (EVP) is incomplete if there is no clear path to wellbeing as an enabler for employees to thrive and contribute to a better working world"

Ioanna Fanarioti

HR Director

EY Greece & South CESA Cluster



"The Centre for Bhutan Studies has been at the forefront in promoting and deepening national and global understanding of Bhutan's home-grown development philosophy of Gross National Happiness and conducting multidisciplinary research about Bhutan"

Dasho Karma Ura

President

Centre for Bhutan & GNS (Gross National Happiness) Studies

Stavroula Leka

President of the European Academy of Occupational Health Psychology (EAOHP) Professor of Organization, Work & Health & Director, Centre for Organizational Health, and Wellbeing Lancaster University

"A healthy psychosocial environment and mental health and wellbeing at work contribute to individual flourishing and organisational and societal sustainability. It is time to turn promises to reality in policy, practice and everyday life"

